PE Curriculum Intent, Implementation, Impact



<u>Intent</u>

At Aston Fence, we aim to provide a PE curriculum that pupils from FS2 to year 6 not only enjoy but also allows them to experience a range of sports and games which will help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in

competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Implementation

We deliver a rigorous curriculum with a minimum of 2 hours quality PE lessons each week across a range of sports and activities, showing progression across year groups and key stages.

Lessons are delivered by qualified coaches or teachers who have a high level of expertise and are positive role models for leading active lifestyles.

We offer a range of extra-curricular activities beyond the curriculum, providing pupils further opportunities to participate and engage.

As a school, we take part in all sporting competitions available, offering pupils the chance to compete against other schools and throughout the year, we promote inter-house competitions, allowing all pupils the opportunity to represent their team during the year.

<u>Impact</u>

At Aston Fence:

- Pupils enjoy PE lessons and actively engage in them. This is evidenced through talking to children and lesson observations.
- Pupils lead active lifestyles and obesity levels remain low across school.
- All children take part in inter-house competitive sports within the school year (sports day, race for life etc).
- Children represent the school in a range of competitions including those organised through School
- Children are successful when competing and can achieve at a high level, some even being selected
 to go on to represent at club / county / country standard (Yorkshire hockey championships,
 Rotherham United etc).