

Aston Fence J & I School

Anti-Bullying Policy

At Aston Fence J & I School, we want all our children to feel happy and safe so they can learn, play and have fun in a positive and supportive environment. Everyone has the responsibility to be an upstander rather than a bystander and to tell an adult straight away if we see someone being unkind, someone being bullied or if we are being bullied ourselves.

What is a bully?

A bully is a person who is unkind to someone **more than once** on purpose by using behaviour which is meant to hurt, frighten or upset.

REMEMBER **S.T.O.P.**:

- S**everal
- T**imes
- O**n
- P**urpose

There are several types of bullying:

Emotional: hurting people's feelings, leaving you out

Physical: punching, kicking, spitting, hitting, pushing

Verbal: being teased, name calling

Cyber: saying unkind things by text, e-mail, social media, sharing photographs and videos

Bullying can also include behaviours which discriminate against others based on their race, religion, culture, disability, appearance, health or sexual orientation.

If you are being unkind and a bully, you should **stop** because it is cruel.

Who can you tell if you are being bullied?

The most important thing is that you actually tell someone and never keep it to yourself. You can tell parents, teachers, teaching assistants, lunchtime supervisors, playground leaders, any other adults or friends.

What you should do if someone else is getting bullied?

- *Don't walk away and ignore the bullying
- *Let the bully know what is happening
- *Tell the bully to stop if it is safe to do so
- *Don't stay silent. TELL someone immediately or the bullying will keep on happening



We are all different but we are all equal.

The children, the headteacher, the governors and all the staff will work together to make our school a place where everyone can feel safe and happy. That means that bullying is not allowed. We will help everyone to get on with each other and we believe that everyone has the right to be who they are.