

PSHE Curriculum Intent, Implementation, Impact



Intent

Our intention is that when children leave Aston Fence, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and to realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.

Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

We want our pupils to:

- be able to express their thoughts appropriately with confidence and without prejudice
- understand and show empathy towards the thoughts and feelings of others
- know where and how to seek help for any difficulties they may be facing including Esafety
- recognise the importance of keeping physically and mentally healthy and know ways in which they can take control of their own health
- be able to use basic first aid skills when required
- have an age-appropriate understanding of drugs and alcohol and the associated peer pressures they may face regarding these as they grow up
- have an age-appropriate knowledge of growing up and puberty

Implementation

We teach regular, high-quality, subject-specific lessons to all classes in an environment which is built on a culture of open and honest dialogue and where pupils feel confident to seek support, talk about their issues and know that they are supported.

We employ a fully trained child counsellor for four days a week. She supports a large number of pupils with 1:1 sessions as well as offering lunch time drop-in sessions for all pupils and check-ins for a further group of children. She also supports parents and liaises with external agencies to ensure that the emotional wellbeing of all pupils remains of the utmost priority.

To deliver our PSHE lessons, we use high-quality and up-to-date resources which include National Online Safety resources, the Christopher Winter PSHE scheme of work and the Heartstart scheme.

We include parents as much as possible within our work and consult with them about our offer and any changes we make to our PSHE curriculum.

Whole school assemblies address relevant and current issues in an age-appropriate way and ensure that pupils are well informed of events on a local, national and international level.

Impact

By the end of year 6, pupils leaving Aston Fence should:

- feel confident and healthy in their day-to-day lives – physically, emotionally and mentally
- be able to express themselves appropriately and recognise inappropriate behaviours
- know how to keep themselves safe online and follow the rules in and out of school linked to Esafety
- feel educated and equipped to make sensible life choices, avoiding peer pressure towards smoking, alcohol and drugs
- understand what is meant by the term 'a healthy relationship'